

Sunny Pike

OS Ref: SD 242 974

Alt: 200m

The name gives a clue as to the character of the crag - this is a pleasant spot located to the west of the Seathwaite Tarn track.

There has been considerable development at this pleasant area since the publication of Duddon & Wrynose (2021). This mini-guide updates the details given in that book.

Approach

Park at the bottom of the Walna Scar Road. Walk 500m up the Seathwaite Tarn track. On the left is a lone scots pine and on its right is a hurdle closing a gap in the wall. Go through the gap and the crag can be seen 200m to the north. Alternatively, the crag can be reached from the High Close enclosure by a short walk to the east.

Approach time is 15-20minutes, however it may be stretched to a somewhat insouciant saunter of 30 minutes.

Grades

16

20

3



Parking (off-road)

Walna Scar parking (6)



Sunny Pike - 1 - Overview

Ra Ridge

SOUTH facing

Approach

Beyond [The Main Crag](#), 50m to the north, is a long rocky ridge.

1 Ra Ridge VD 120m

Climb the ridge. Mostly grade 2 scrambling. A rope is recommended for the tricky section following a ramp up rightwards with an awkward move to get established on a ledge (gear). Then climb up directly on good holds.

16 Feb 2019 JL Holden, A Phizacklea

The Main Crag

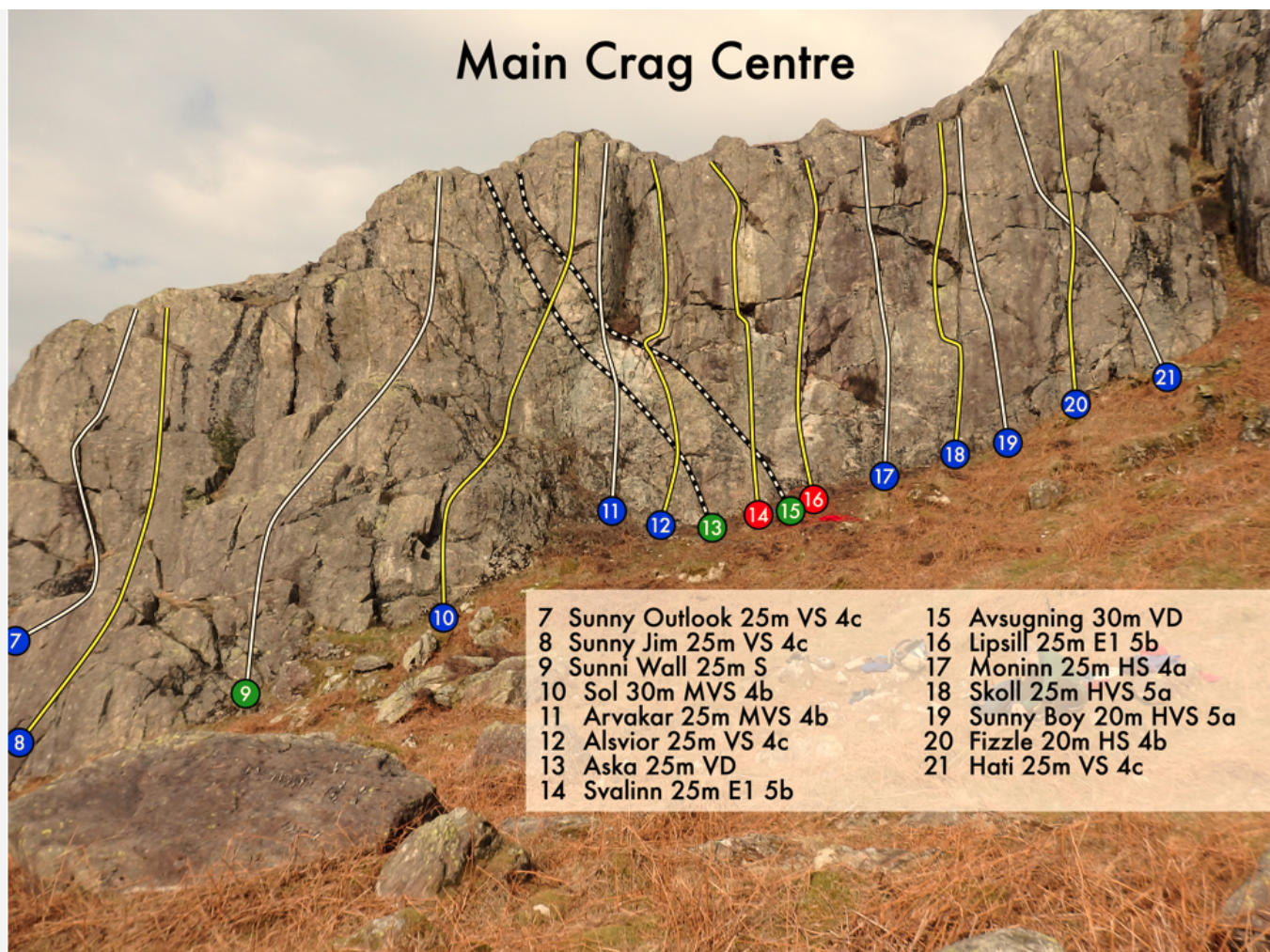
Uphill 30 mins SOUTH facing
Lat/Lng: [54.366323468093](#), [-3.1667823651301](#)

Main Crag Left



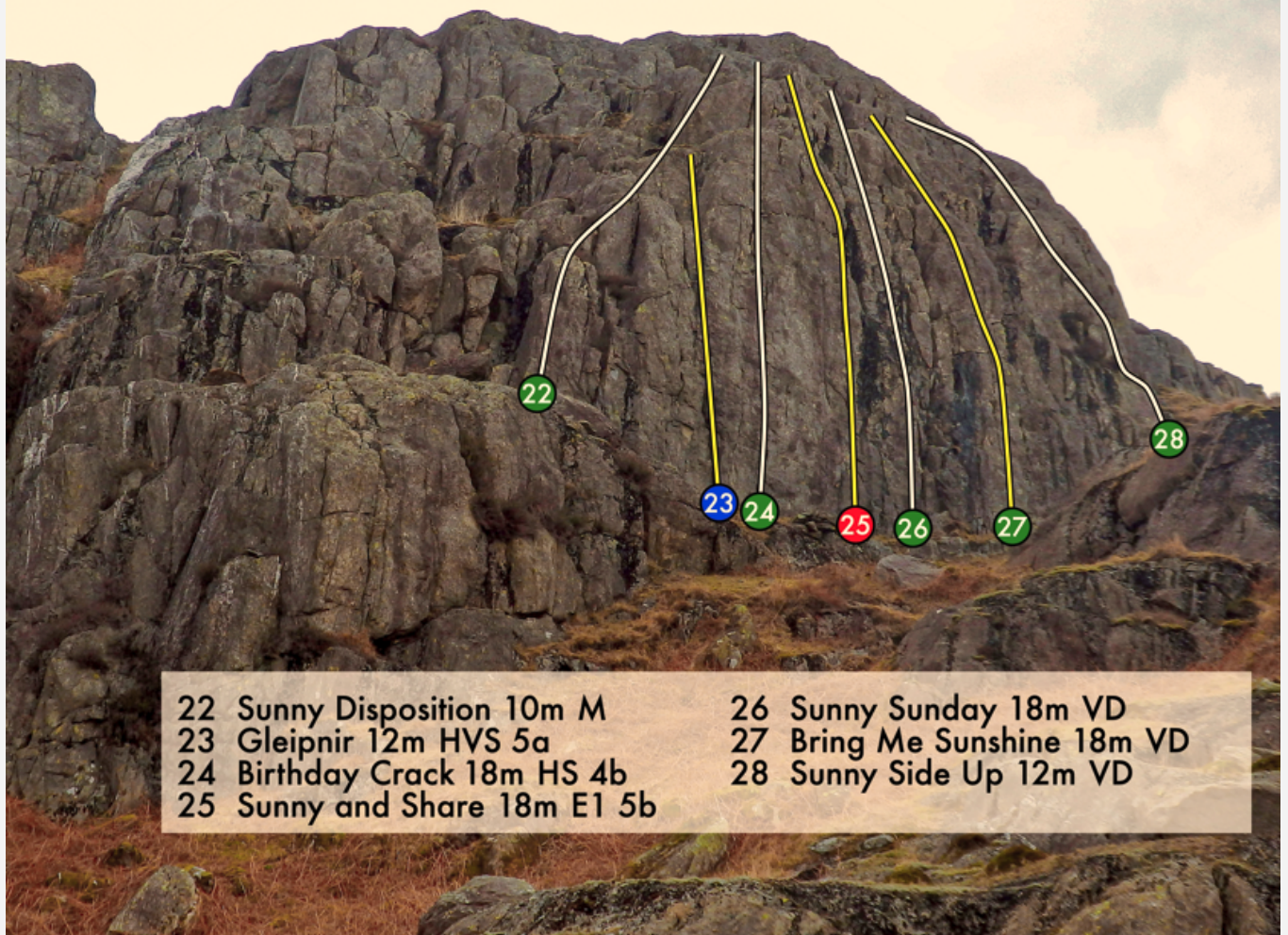
Sunny Pike - 3 - Left Wall

Main Crag Centre



Sunny Pike - 4 - Central Wall

Main Crag Right



22 Sunny Disposition 10m M	26 Sunny Sunday 18m VD
23 Gleipnir 12m HVS 5a	27 Bring Me Sunshine 18m VD
24 Birthday Crack 18m HS 4b	28 Sunny Side Up 12m VD
25 Sunny and Share 18m E1 5b	

Sunny Pike - 6 - Main Wall Right

1 Glenr VS 4b † New 20m

At the lower left end of the crag lies a steep slab with a ramp to its right. Climb the slab moving right onto the ramp which gives access to a ledge above topped by a large block. Gain the ledge and block then step left up to a second ledge leading to the top.

22.11.2021 P C Bennett, D Baker
Glenr was husband of Sol

2 Huggin HS 4a † New 20m

The slab and blocks to the right of [Glenr](#). Starting just right of [Glenr](#) follow the slab rightwards up to a ledge to move right up the blocks to the top.

20.01.2022 P C Bennett, D Baker
Named after one of Odin's Raven's Thoughts

3 Vildsvin VS 4b † New 20m

To the right of [Huggin](#) the base of the crag rises a couple of metres. At the left edge of this rise are some flat stones marking the start of [Vildsvin](#). Climb a series of small ledges to the right end of a left-slanting ramp giving access to a slab topped by a roof. Step right onto the slab to gain a slanting crack and some jugs, continue directly to the top.

6.03.2022 P C Bennett, D Baker
Name of a wild boar.

4 Varg HVS 5a † New 20m

Start 2m right of [Vildsvin](#) and follow a line of slanting holds to a small pillar. Climb the block/pillar to make an awkward and committing high step onto a ledge, follow holds to the left to gain the top.

6.03.2022 P C Bennett, D Baker
Named after a wolf

5 Bjorn HVS 5a † New 20m

Start 2m right of [Varg](#) below a short left-facing corner. Climb the corner and then make awkward moves to exit right onto a ledge, step left to finish.

6.03.2022 P C Bennett, D Baker
Name after a bear

6 Korp HS 4a † New 20m

Start 2m right of [Bjorn](#) at the convergence of two slanting cracks. Climb the steep slab on slanting holds to gain a ledge, then gain the next ledge and finish pleasantly ascending to the right.

08.03.2022 P C Bennett, D Baker
Named as for a raven.

7 Sunny Outlook VS 4c **New** 25m

Climb the bold slab, about 2m left of [Sunny Jim](#) to reach the grass ledge. Continue up a short grove and crack to the left edge of the sloping shelf of [Sunny Jim](#). Finish pleasantly up and left. A spotter (singing I Got you Babe?) may make the initial slab feel more comfortable.

2.06.2021 I Bradley, M Elliott
Originally called Sunny and Share but realised route, elsewhere, already called this.

8 Sunny Jim VS 4c 25m

Climb the slab confidently to reach a grass ledge. Continue to a shallow corner and sloping shelf. Once established move up and left then back rightwards to finish. Poor belays.

18 Nov 2018 JL Holden, A Phizacklea

9 Sunni Wall S 25m

Climb up to a grass platform, then move slightly right to follow steep flake holds directly to the top (not all are trustworthy).

16 Feb 2019 A Phizacklea, JL Holden

10 Sol MVS 4b **New** 30m

To the right of [Sunni Wall](#) is a hanging pod. This route starts at the base of a shallow corner some 10m left of the pod. Climb the shallow corner to a mossy slab which is traversed up to the right to the base of a steep wall. Use a high jug to reach a higher jug which allows progress to be made to the left side of a small roof, continue directly above to finish.

03.11.2021 P C Bennett, D Baker
Named after the sun goddess.

11 Arvkr MVS 4b **New** 25m

Start slightly to the right of the hanging pod at a series of ramps trending up to the left. Follow the ramps to the left arête of the pod and climb it on spaced jugs to finish.

03.11.2021 P C Bennett, D Baker
Named after Early Riser.

12 Alsvior VS 4c **New** 25m

Start 1m to the right of [Arvkr](#) and climb directly to a large block. Surmount the block to continue up the steep obtuse corner on spaced jugs to the top.

03.11.2021 P C Bennett, D Baker
Name for Swift.

13 Aska VD **New** 25m

The diagonal line starting to the right of [Alsvior](#) and finishing to the right of [Sunni Wall](#).

20.03.2022 P C Bennett, D Baker
Named as for Thunder.

14 Svalinn E1 5b **New** 25m

The steep line to the right of [Alsvior](#). Start below the waist high shallow niche, climb into it and directly up to an overhang. Make thin moves up the ochre coloured rock to a flake then left to holds on the grey rock. A long reach gains the left slanting crack to finish. ★★

24.03.2022 P C Bennett, D Baker
Svalinn was the being who held a shield between Sol and The Earth.

15 Avsugning VD 30m

A joyous romp across this part of the crag, climbed during high winds. The obvious right to left rising line starting from the foot of [Lipsill](#) to finish to the left of [Sol](#). ★

8.03.2022 P C Bennett, D Baker
Name for Blow Job.

16 Lipsill E1 5b **New** 25m

The obvious steep broken crack line to the right of [Svalinn](#). Start just to the right of a shallow niche at knee height and follow the left wall of the crack to good finishing holds. ★

20.03.2022 P C Bennett, D Baker
Name for Cry Baby.

17 Moninn HS 4a **New** 25m

Starts below the hanging corner 1.5m to the left of the crack of [Skoll](#). Climb to the hanging corner, at its top step left to finish.

22.11.2021 P C Bennett, D Baker
Moninn is one of Odin's Raven's Memories.

18 Skoll HVS 5a **New** 25m

Take the crack and flakes to the left of [Sunny Boy](#). Difficult moves at the small roof gain a narrow ledge; flakes lead to the top. ★

13.11.2021 P C Bennett, D Baker
Skoll is name for mockery.

19 Sunny Boy HVS 5a 20m

Climb the wall leftwards to the base of a flake. Steep moves above lead to the top. An easy second pitch is available above [D].

18 Nov 2018 A Phizacklea, JL Holden

20 Fizzle HS 4b **New** 20m

The line of big holds.

12.07.2020 RO Graham, E Rogers

21 **Hati** VS 4c  **New** 25m

Starting 2m to the right of [Fizzle](#) to follow jugs/flakes up and left, crossing [Fizzle](#) just below its block, then follow a line of flakes trending leftwards to the top.

13.11.2021 P C Bennett, D Baker
Route name Hati means Hate

22 **Sunny Disposition** M 10m

Takes the arête left of [Birthday Crack](#).

27 Jun 2019 M Lynch, A Lynch

23 **Gleipnir** HVS 5a  **New** 12m

The line between [Sunny Disposition](#) and [Birthday Crack](#). Though short the crack offers well protected but intense climbing.

20.01.2022 P C Bennett, D Baker
Gleipnir was the chain that restrained the wolf Fenrir.

24 **Birthday Crack** HS 4b 18m

The crack, which is easier than it looks.

7.10.2018 A Phizacklea, JL Holden

25 **Sunny and Share** E1 5b 18m

The right-hand side of the thin wall gives sustained climbing.

18 Nov 2018 A Phizacklea, JL Holden

26 **Sunny Sunday** VD  **New**

Climb the multiple crack system avoiding the dirty crack.

12.07.2020 I Bradley, A Salisbury

27 **Bring Me Sunshine** VD 18m

Climb the wall. Good holds enable a pull onto the slab. Easy climbing leads to the top.

18 Nov 2018 JL Holden, A Phizacklea

28 **Sunny Side Up** VD 12m

Takes the arête right of [Bring Me Sunshine](#).

27 Jun 2019 M Lynch, A Lynch

Sunny Pike Slab

SOUTH facing 
Lat/Lng: [54.366323468093, -3.1667823651301](#)

Introduction

50m from The Main Crag is a small slab; The routes are all thin on gear.

Descent

Descent: to the right.

1 **Sunny Spells** VS 4c 8m

Climb the slab with a hard rightwards move at three-quarters height.

16 Feb 2019 A Phizacklea, JL Holden

2 **Sunny Slabs** VS 4c 8m

The very shallow groove. First gear at half-height.

16 Feb 2019 JL Holden, A Phizacklea

3 **Route X** VS 4c 8m

The right-hand slab with a thin X-shaped crack.

16 Feb 2019 A Phizacklea, JL Holden

Ukranian Slab

Introduction

This fine diminutive slab of excellent rock lies below the right-hand buttress of Sunny Pike.

Ukranian Slab



Sunny Pike - 7 - Ukranian Slab

1 Kharkiv VD † New 8m

Start 1m right of the vegetated chimney. Reach for high flake holds and gain a ledge, then then follow the right trending line right of the arête.

15.03.2022 PC Bennett, D Baker

2 Mariupol S † New 8m

Start below a thin hanging crack at mid-height 2m right of [Kharkiv](#). Climb up to the right of the crack and follow the slab above.

15.03.2022 PC Bennett, D Baker

3 Kherson VD † New 8m

The crack line starting 1.5m right of [Mariupol](#). Climb to the crack and follow it to finish at a recess.

15.03.2022 PC Bennett, D Baker

4 Zaporizhzhia VD † New 9m

The obvious right ascending ramp line starting at the foot of [Kherson](#).

20.03.2022 PC Bennett, D Baker

5 Mykolaiv VD † New 8m

The broken crack line 1m right of [Kherson](#).

20.03.2022 PC Bennett, D Baker

6 Odesa VD † New 8m

Start at the right end of the slab and climb direct to finish up the slab between the two cracks.

20.03.2022 PC Bennett, D Baker

7 Sumy VD † New 8m

Start at the foot of [Odesa](#) and trend right to finish direct up the cracks.

20.03.2022 PC Bennett, D Baker